

EAT. DRINK. SOCIALIZE.

MAIN STREET CAFE

Monday – Friday
Breakfast: 7:30 am – 9:00 pm
Lunch: 11:00 am – 1:00 pm

WEEK OF SEPTEMBER 8



WEEKLY BREAKFAST FEATURES

INCLUDES CHOICE OF SIDE



FIT CITRUS BREAKFAST BOWL (V)

cilantro lime brown rice, spicy black beans, cage free fried egg, cilantro, and citrus tomato salsa

'ALL IN' MEAL DEAL

bacon, egg, and cheese english muffin with tater tots and ocean spray juice

MON

GRAZE: BIBIMBAP

gochujang braised chicken thighs, basmati rice

SOUP: chicken and dumpling soup and beef chili

TUES

GRAZE: BIBIMBAP

gochujang braised chicken thighs, basmati rice

SOUP: thai chicken and rice soup and beef chili

WED

GRAZE: BIBIMBAP

bugogi beef, brown rice, bib lettuce, garlic ginger spinach, ssamjang sauce, kimchee

SUSHI

california, spicy tuna, shrimp tempura, rainbow roll

SOUP: garden vegetable soup or beef chili

THURS

GRAZE: BIBIMBAP

crispy vegetable rice bowl, soy sesame glazed shitake mushrooms, kimchee

SOUP: broccoli cheddar soup or beef chili

FRI

FLAME: PREMIUM ALL NATUREAL BEEF BURGER

classic hand formed beef burger topped with lettuce blend, tomato, onion and pickles on a brioche bun

SOUP: chicken noodle and beef chili

GRILL FEATURES

AVAILABLE ALL WEEK

includes choice of side

TRUFFLE BACON TURKEY BURGER

turkey burger with arugula, roasted roma tomatoes, maple bacon, and truffle parmesan mayonnaise on brioche



FIT PORTOBELLO BURGER (V)

grilled portobello mushrooms, lettuce, tomato, onion, and a cucumber yogurt sauce on brioche



SWAP YOUR SIDE

FIT artichoke herb quinoa pasta salad

PIZZA BY THE SLICE

pepperoni pizza
italian sausage pizza
four cheese pizza

HOUSE DRESSING FEATURES

ROASTED GARLIC DRESSING (V)

MANDARIN ORANGE VINAIGRETTE (V)

MEAL DEAL

AVAILABLE ALL WEEK

includes a 20 oz soda or water and choice of whole fruit, vegetable crudite, or bagged chips

CHEESEBURGER ON BRIOCHE

beef burger topped with american cheese on a brioche bun

SIGNATURE GRILLED CHICKEN

grilled chicken sandwich topped with lettuce blend, tomato and onion on a brioche bun

SIGNATURE GARDEN BURGER

garden burger topped with lettuce blend, tomato and onion on a brioche bun

CONNECT
WITH US



eatatpg.com



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denotes registered dietitian pick